

YouTHelegraph



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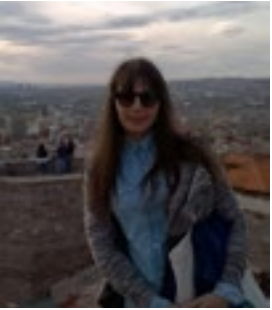
VOLUNTEERS




Iva Kounková
CZECH REPUBLIC
Intern
10 months




Viivi Setälä
FINLAND
Meeting of Generation 2015
(S&G Coordinating Org.)
1 year




Samira Kebiche
HUNGARY
Join our Journey 2014
2 months




Zsuzanna Bódi
HUNGARY
Join our Journey 2014
2 months




Simona Tsankova
BULGARIA
Join our Journey 2014
2 months




Shorena Khatchapuriedze
GEORGIA
Meeting of Generation 2015
(S&G Coordinating Org.)
6 months



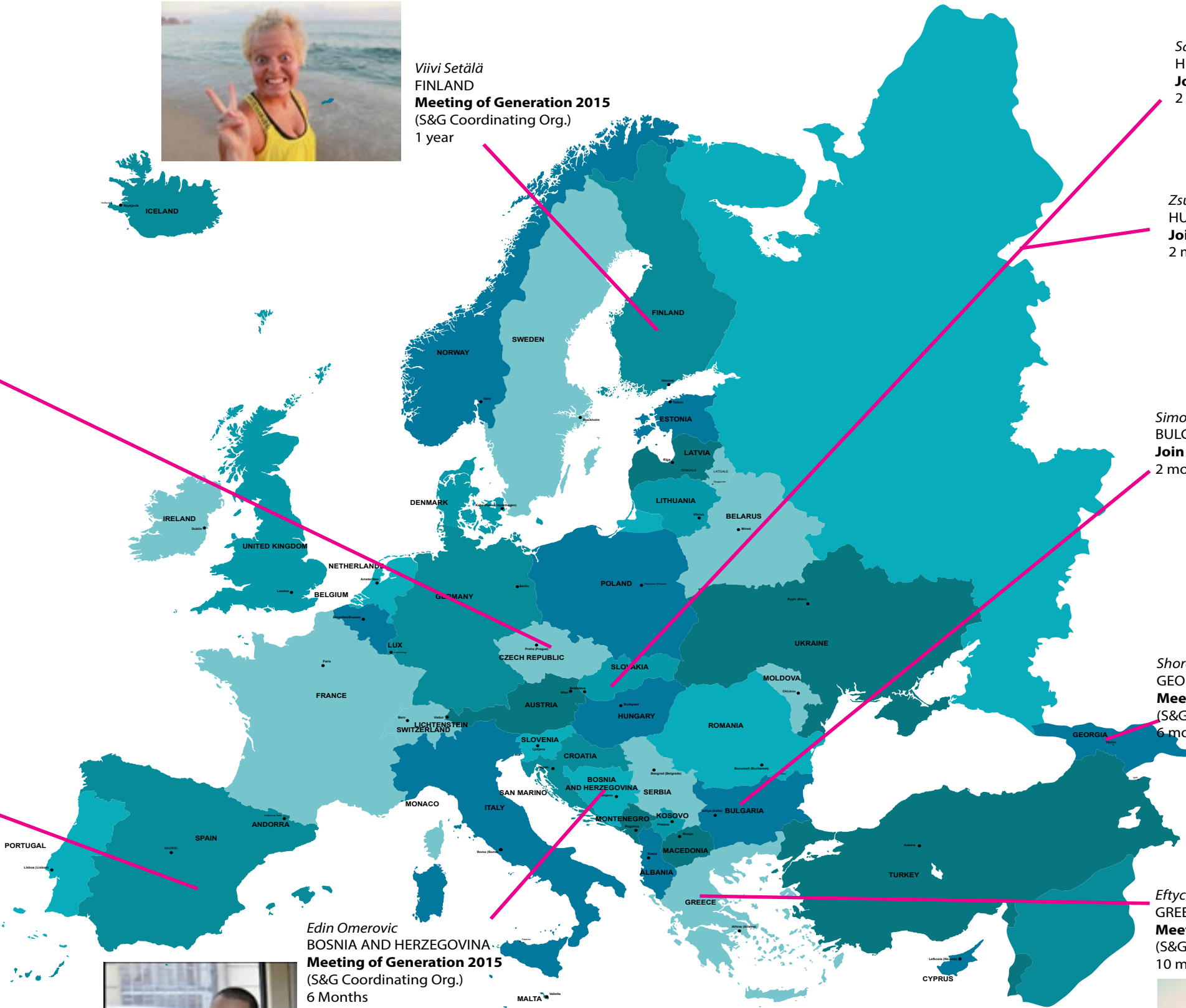
Eftychia Stamouli
GREECE
Meeting of Generation 2015
(S&G Coordinating Org.)
10 months



Carmen Jiménez
SPAIN
Join our Journey 2014
6 months



Edin Omerovic
BOSNIA AND HERZEGOVINA
Meeting of Generation 2015
(S&G Coordinating Org.)
6 Months



Hosting and Sending Volunteers

The Idea

One of the main aims of S&G is sending and hosting volunteers under the Erasmus+ program. EVS (European Voluntary Service) gives a possibility for young people to spend two to twelve months abroad and work for an organization and implement activities depending on their preferences.

Hosting Volunteers

S&G is currently hosting 4 volunteers from different countries: Spain, Bulgaria and Hungary, for the project "Join our Journey". This project is planned as a journey of Learning with the aim to raise European Consciousness amongst youngsters and involving the EVS volunteers in society by means of youth information activities and developing skills of project developments and social inclusion mainly at the S&G Youth Info Office in Ankara.

As the coordinator of the project "Meeting of Generations" S&G is hosting 4 volunteers from 4 different countries: Bosnia and Herzegovina, Finland, Greece and Georgia. It is a project for those who would like to contribute to The Elderly Service Center, Saray Rehabilitation Center and Cafe Down by volunteering, as well as participating in social events, cultural activities, workshops and similar. This project is intended for volunteers who are interested in Social Work and work with disabled people.

Sending Volunteers

Throughout the last year, Turkish participants of EVS went to Finland, Georgia, Romania, Azerbaijan, Bosnia and Herzegovina and Croatia for the project "Participatory Video as a Tool for Young Volunteers". This project is now in its final stage.

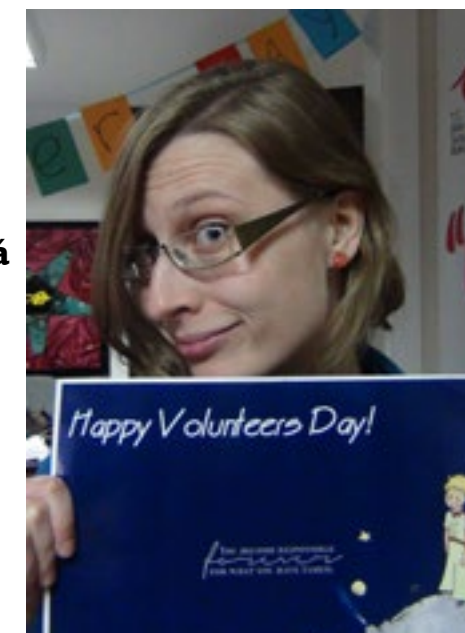


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'For me, Intership at S&G means meeting diverse people, getting to know them, work with them, learn from them. Coexist, cooperate or look for the way.'

Iva Kounková

*Work for a cause, not for applause
live life to express not to impress*

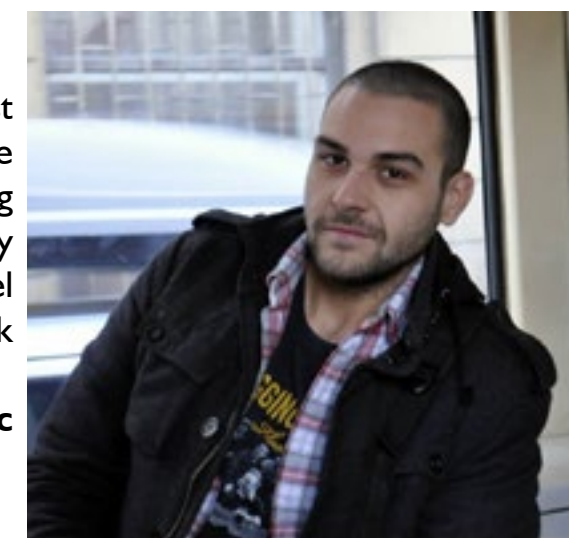


'My name is Viivi and I came to Turkey to do my EVS. I am working in a rehabilitation center for disabled people and my working area is sport activities. I am teaching sports to disabled people and I also brought new sports from my country. I really like this job and I'm glad that I can do my EVS in here.'

Viivi Setälä

'I have been actively involved in volunteering for the past few years and I have found comfort and satisfaction while doing it. Volunteering for S&G has become something I am really proud of because it gives me the opportunity to contribute and help people who need assisting. I feel blessed to be able and to have the opportunity to work with this organization.'

Edin Omerovic



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Edin's Experience



"He who speaks a bit of a foreign language has more delight in it than he who speaks it well; pleasure goes along with superficial knowledge."

- Friedrich Nietzsche, *Human, All Too Human*

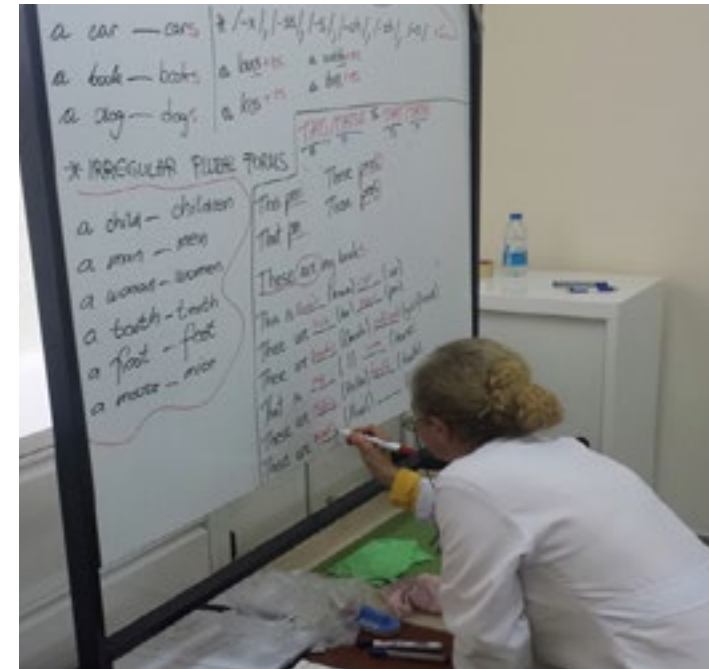
And that is exactly what the workers of the Saray Rehabilitation Center in Ankara are trying to achieve. As a part of my EVS I am leading an English Language Course there.

The English Language Course in the Saray Center takes place two days a week. It gathers around 25 active participants. There are three different classes.

The first class includes participants who possess a basic knowledge of English Language. The primary focus of this group is to improve their speaking abilities because the participants have not got sufficient practice and opportunities to use English in their everyday life. Activities for this group include listening and speaking

exercises which encourage participants to speak more freely and improve their vocabulary, pronunciation and forming proper sentence structures. Participants of this group have the opportunity to put their knowledge of English language to use through various activities like debating, work in pairs, group work and discussions.

The second class is for the participants who did not have any previous contact with English Language. They have the opportunity to acquire basic knowledge of English (grammar, vocabulary and speaking skills). What I personally like the most about this group is the fact that the participants possess a strong will to learn. They are very active during the lessons, they



come prepared, they do their assignments regularly, they are ready to ask questions if there is something they did not understand completely and most importantly, they enjoy the lessons. It is a great pleasure to teach and work with them.

The third class is for disabled people. I believe that disabled people are capable of acquiring some basic knowledge of a foreign language.



The tasks and exercises are very simple and enjoyable, which makes it interesting for the participants. So far they have learnt how to introduce themselves, how to greet when meeting someone and some basic noun and verb vocabulary. The methods used for teaching this group include playing games, singing songs and coloring.

"He who does not know foreign languages does not know anything about his own."



Eftychia's Experience



*"You have not lived today until you have done something
for someone who can never repay you"*
- John Bunyan

My name is Eftychia Stamouli. I am from Greece and I participate in the project Meeting of Generation.

I work as a volunteer in Gicik Elderly House. My experience there is something completely different from any other experience I have as a volunteer. I think it is so important to help old people. You can learn so many things from them.

I go to Gicik Elderly House 2 days a week and I organise different activities for the elderly people. For example, sometimes I help them

to do their physiotherapy and in that way they have fun and at the same time it helps them to stay healthy. Sometimes I organise Cultural Days and I inform them about other countries. For example, I talked with them about Italy. They learnt main information about Italy, they saw many photographs of Italy, they learnt some new words and they listened to Italian songs. Also, I talked with them about common things between Italy and Turkey. Some of them have visited Italy, so they told me about their experience there. I think that we share many experiences with the Cultural Days.

Also, some days we have conversations and they tell me many things about their experiences and about their lives. We sit in the living room and we talk about many things and I learn important things from them and I also get to know different parts of Turkish culture. I try to understand how they think and all that is very attractive to me because I learn many new things about life. Some days, when the weather is nice, we go together for a walk.



When we go for walking, they are so happy like little kids and when you realise that only with a walk you make them happy, you can feel very emotional.

Now, all these people are like my grandmothers and my grandfathers and I don't want to think that this project, this experience after some months will be finished. I think it will be very hard for me to leave them.



PROJECTS

Hand in hands with disabled in production

The last week of January (19th-26th) the project "Hands in hands with disabled in production" was implemented by the Saray Disabled Free Life Care Rehabilitation and Family Information Center with the support of Ministry of Family and Social Policies and General Directorate of Disabled and Elderly.

44 exchange participants from different countries – Lithuania, Azerbaijan, Romania, Albania Georgia Montenegro Italy, Bulgaria, Russia, Poland, and Turkey, were hosted.

During that one week participants had the opportunity to find out more about disabled people's condition in Turkey, as well in as in countries which were partners for this project.

They discussed and compared all topics they were interested in and worked together on questions regarding this project.



[To which video click here](#)



Together with the disabled participants they made workshops and later put the products for sale in Cafe Down and Armada Shopping Cener for two days. The collected money was donated to Saray disabled free Life Centre.

All participants were given certificates during the cerfificate ceremony, which was organized in the Ministry of Family and Social Policies in the last day of the Project.System&Geneation Association, as a partner of this youth exchange program, helped



by supporting and sharing their experience in this field.



Youth Caravan



“You There, Youth Here” with this motto Youth Caravan has started its journey in 2008. It’s a project developed by the youth group of S&G and gives information about EU Youth Programmes and EVS. The caravan serves as a vessel to spread and share information among youth.

A project leader and at least five S&G volunteers inform young people about the opportunities given by the EU. Youth Caravan has been visiting



cities, towns, villages, universities, high schools, festivals and activities which are related to the youth in Turkey and Europe.

In addition to that on the Youth Caravan facebook page Gönüllü Gençlik Karavanı there is made information about the opportunities and facilities provided by EU available for everybody.



Youth Caravan with Green Color

Youth Exchange: Green Society in Action (Didim)



The first step of the Youth for Nature: Green Society in Action project has been successfully implemented by the *Youth Group GM (Turkey)* in cooperation with *Jump In (Italy)* and *Unique (Albania)* with support of *System and Generation*. It took place in Didim, Turkey and lasted for 9 days (with 31 participants coming from 3 different countries).

Didim is a small town, a popular seaside holiday resort and a district of Aydın Province on the Aegean coast of western Turkey, 123 km from the provincial capital city of Aydın. Didim is the site of the antique city of Didyma with its ruined Temple of Apollo.

Activists from Italy, Albania and Turkey had the opportunity to learn, communicate, work and activate themselves in the field of environment and recycling. The most important thing was

to teach the young generations about the right environmental behavior.

We wanted to show new generations what it means to take care as well as responsibility of our environment and how easy and fun it can be to recycle and make our environment more beautiful.

There were three cleaning activities where the activists visited three different places such as Forest Camp, Altinkum Beach and Bafa Lake. Activists had the chance to see for themselves that Didim is a positive example of how inhabitants can take care of their environment. and how can we keep our environment clean and safe. These places were not as dirty as expected and the cleaning activities did not require much work. Our volunteers from different countries and cultures were very open minded about recycling and conscious.

End of April - The following step of this project are being implemented in Poggiardo (Italy) and in Durres (Albania). 9 of May 2015 during the Eurodesk action in European Youth Week - our

participants will work together to make our environment cleaner and keep it Green!.



To which video click here



Non Formal Education as Important On Erasmus+

Non-Formal Education as Important on Erasmus+ was a 8 days Training Course under the Erasmus+ Programme (KA1, Project number: 2014-2-TR01-KA105-011198) targeting youth workers and leaders of youth fields. It involved 25 participants from Albania, Bulgaria, Italy, Spain, Georgia, Russian Federation, Romania and Turkey.

Our goal was to increase knowledge and competences of youth workers and youth leaders in the field of non-formal education and to improve their abilities to use different methods for empowering young people facing exclusion,

young people with fewer opportunities dealing with various obstacles and challenges.

Within eight days of training course which included outdoor activities, simulations, role playing, discussions, bilateral and group works, the participants had an opportunity to develop their skills (facilitation, communication, team work and leadership) and improve their knowledge about non-formal education, its methods and approaches that can be used when fighting social exclusion and discrimination. During the training course the participants also shared their best practices in the field of

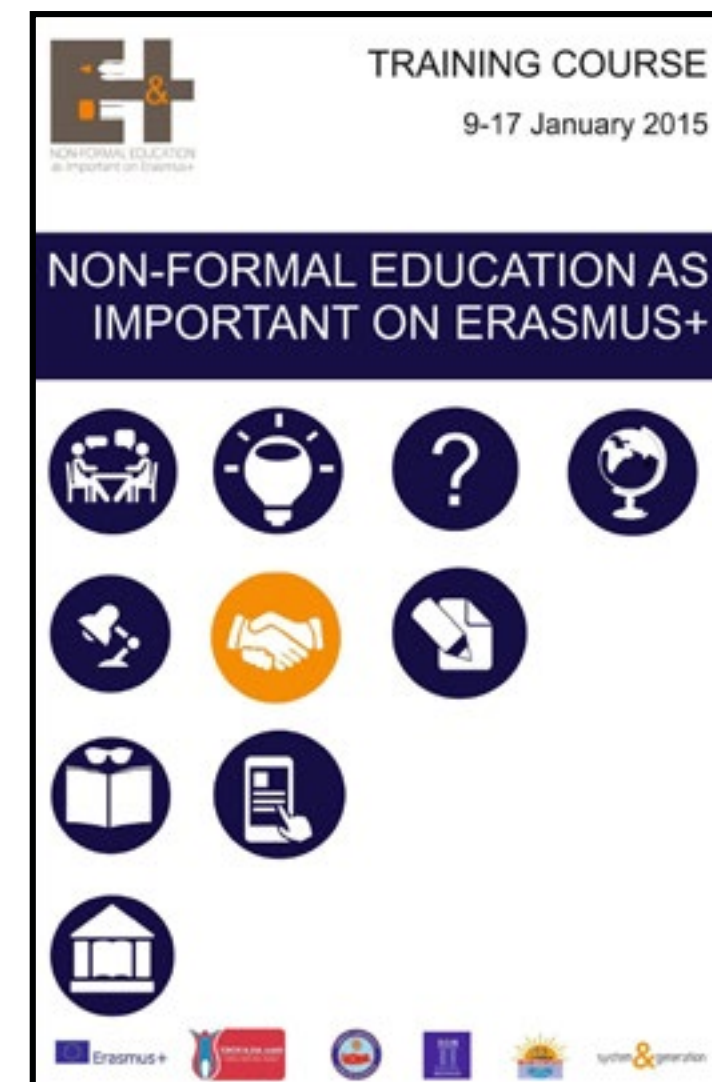


non-formal learning. It was created fruitful atmosphere full of inspiration. As result of a first informative days transmitted by using non-formal ways, participants produced ideas for their potential future projects.

Non-Formal Education as Important on Erasmus+ was made and implemented by staff members of System and Generation Association. Bledi Cami (S&G Project Development & Fund Raising Department) is an author of a project and

Svitlana Sobova (Trainer, Project Development and Coordination, Manager of Public Relations and Visualization) was a trainer with support of Iva Kounkova (Erasmus Intern).

All activities were located in Didim, 9 – 17 January 2015. Didim is southwestern coast of Turkey, neighbourhood of ancient Greek city Miletus and Temple of Apollo (Didyma). Didyma was the largest and most significant sanctuary on the territory of the great classical city Miletus.



“Well done is better than well said”
- Benjamin Franklin

The background is a dense, abstract pattern of overlapping triangles in various shades of orange and yellow, creating a textured, low-poly effect.

PROGRAMS

SYSTEM&GENERATION

What to get:

- Project development - Development of your personal skills
- English Conversation Club (twice a week)
- Russian Club
- Free participation in S&G activities and Local projects (for example picnic)

SYSTEM AND GENERATION is an organization which offers club members activities such as Project development, Language Conversation Clubs, Russian Club and much more. S&G members have the opportunity improve their skills as project writing, where staff members share their experiences in this area with them during arranged meetings. Nowadays it is in cooperation with 5 groups. 5 projects were submitted for the last deadline in cooperation with 20 countries.

The Conversation Club is for people who want

to speak and improve their English. Lessons are focused on speaking activities and in order to encourage participants to speak more freely. Twice per week participants spend their time with foreign volunteers and they discuss about different topics. Mondays with Iva (intern from Czech Republic) with support of Szusanna (volunteer from Hungary) and Tuesdays with Edin (Bosnian volunteer and English teacher).

On Thursday thanks to Svitlana (volunteer's coordinator and project manager from Ukraine) youngsters learn the basics of Russian language. Starting with alphabet continuing with fundamental expressions and grammar.

Besides implementing activities we try to incorporate fun activities as well. For example we went together to Gölbaşı for a picnic. We had a fun time playing and eating together. Other activities include VideoForum in Ankara which is an initiative of our intern and Turkish friend Pinar.



English conversation club



English is considered to be the most important language in the world.

It is an official language of almost 60 sovereign states and the most commonly spoken language in the United Kingdom, United States, Canada, Australia, Ireland, and New Zealand. It is a widely spoken language in other countries too - for example Caribbean.

It is the third most common native language in the world.

Why should we know English?

In order to volunteer one must be able to express himself and his thoughts freely. As a volunteer you will visit a foreign country, meet new cultures, encounter new people, work in new environments and your main language while doing all this will be English. The best part about knowing English is that one is able to communicate whatever country he/she visits.



Tips for practising English:

1. **SPEAK!** Try to speak English as often as possible. Most importantly, speak freely and don't worry about the mistakes you make.
2. **WATCH MOVIES!** This isn't difficult, yet it is very effective. Watch English speaking movies and include English subtitles.
3. **READ!** Reading is the best practice. Start by reading Internet articles, short stories and slowly work your way up to books.
4. **PLAY GAMES!** You can find various language games which are fun and at the same time an effective way for improving your English.
5. **MUSIC!** Listen to music and sing. Listening to music enriches your vocabulary and imitating the singing style improves your fluency. The English Conversation Club at S&G incorporates all the mentioned methods for learning and improving a foreign language. These methods proved to be very effective and at the same time more fun and interesting for the participants.

TriangleNET Activities



The purpose of TriangleNET is to create a cooperation with elderly care centers, establish strong ties and its main aim is to support the exchange of information about elderly care and rehabilitation in Britain, Turkey and Germany.

S&G participated in the meeting held by T. C. Ministry of Family and Social Policies where the most important plans and activities were discussed. We are happy to plan the hosting of two foreign specialists from UK and Germany who will provide trainings and assistance to

more than one hundred social workers of Turkey.

On the 24 of March, 2015 S&G team visited Elderly Care and Rehabilitation Centre of Ankara (75.Yıl Yaşlı Bakım ve Rehabilitasyon Merkezi) for the occasion of celebrating the 'Respect for Elderly People Day.' We have been invited to join to tenants of the center to an eventful dinner and talked with elderly and workers about general things and career in health care.



Learning Oriented Projects

Since the beginning of 2015 we have sent more than 20 young people from Turkey abroad for participation in Learning oriented projects under Erasmus+ programme:

Youth Exchange: Multicult globe - Kokkola, Finland. Dates: 2-9.01.2015

Training Course: Equal chances for all - a chance for a better future! - Tuscany, Italy. Dates: 8-15.02.2015

Training Course: Global Actors in Local Action - Kokkola, Finland. Dates: 6-11.02.2015

Training Course - Kratovo, Macedonia. Dates: 21-28.02.2015

Training Course: Project Management - Zakopane, Poland. Dates: 28.02 – 8.03.2015

Training Course: Cultures in Contact: Gender Equality - Kryzowa, Poland. Dates 17-22.04.2015

Training Course: Activation Policy and Youth Employment: competences in our hands - Kysak, Slovakia. Dates. 12-19.04.2015.





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