# YouTHelegraph

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# Hello!

I'm Izabela Rząd, a 22 years old volunteer to S&G from little lovely town located in eastern of Poland. In 2018 I graduated Economics at University of Warsaw, bachelor's degree. Right now I'm taking a gap year before my Master degree, which definitely won't be Economics. That's one of reasons why I'm here: to get to know myself better.

It's my second week in Ankara, so I still consider myself as a fresh meat. I still haven't started my activities yet due to some organization issues and can't wait for it, because it sounds promising: helping in Café Down where all staff has Down syndrome, attending workshops with disabled people in Saray Centre and the one I can't wait the most – helping English teacher in school. In addition, I'll take part in activities in S&G office, such as Turkish lessons, English Conversation Club or as you can read writing articles for YouTHelegraph.

LEAVING THE MESSAGE FOR YOU AND ME:

#### Plus est en vous There is more in you

Tangled: the series



## POLISH THOUGHTS AT ANITKABIR

There couldn't be another choice than Anıtkabir for one of the first place to visit in Ankara. It was sunny, the place amazed me... but that's nothing new or surprising for anyone. I'm going to share with you one of my reflection which was surprising at least for me.

With my friend we visited the museum of Atatürk, where we could find information and paintings about Turkish fight after World War I. What caught my attention was the way women's role was shown. They were never shown in the direct fight but as a wives hopefully waiting for their soldiers husbands to come back home, mothers raising children left by their fathers due to good purpose or nurseries taking care of injured men.

What hit me the most was the fact that in Polish culture women are shown in exact same way, although Turkish culture is far from my domestic. That raise a question if more nations hold similar picture? If women's role is something connected to culture or more to the meaning of human being written in our genes?

That's probably not what'd expected from Anıtkabir but still I'm happy to discover my ability to ask questions. That's the first thing I get to know about myself during my EVS. Hope that's not the last.



# YOUTH TELEGRAPH ANKARA 2019



#### HELLO EVERYONE!!

I'm Valentina, I'm 30 years old and I come from Italy, specifically from Sardinia, a beautiful island in the Mediterranean sea. I'm originally from a small town inhabited by about 3000 people, located on the south-west coast of the island, a few kilometers from the sea. For years I have been living in Cagliari, the capital, where I obtained a degree in Cultural Heritage and one in Archeology. In particular, Roman archeology is one of my greatest passions. For years I have been working as a tour guide in a Roman temple and in an ethnographic museum; moreover I also have been working as a teacher and organizing excavation workshops for children. I arrived in Ankara on January 10 to take part in a project, whose name is "Meeting of generations", promoted by the non-profit organization Sistem and Generation, which allow me to work closely with people of all ages with disabilities. So, I am working at Cafè Down, in Kizilay, and at Saray Center, where I am taking part in some pottery drawing and modeling workshops. This project allows me to deal with themes and activities that interest me a lot, to test myself, to meet new people, a new culture, to learn a bit 'of Turkish and improve my English. In general, I consider myself a rather shameful person, who takes a little time to open up to others. A few days before leaving Italy, I was seized with a thousand fears and doubts about my departure and what I was going to do. I was leaving my safe area to reach a country where I had never been before. Now I can say that I could not have made a better choice than this. Turkey is a country that has something magical, as well as the city of Ankara and the people who live there.

ANKARA IS A VERY CONTRADICTORY CITY: WHILE ON THE ONE HAND IT IS A SYMBOL OF THE ENTIRE NATION, OF PROGRESS AND DEVELOPMENT, ON THE OTHER IT IS STILL FULL OF OLD BUILDINGS. WHEN ONE CHOOSES TO VISIT ANKARA ONE MUST ABANDON ALL PRECONCEPTIONS AND BE OVERWHELMED BY WHAT ONE SEES AND HEARS. IT IS A CITY THAT NEVER SLEEPS, ALWAYS ON THE MOVE, RICH IN PERFUMES, COLORS, SOUNDS, BEAUTIFUL PLACES, PEOPLE ALWAYS READY TO HELP YOU. THE BEAUTY OF A PLACE DEPENDS ON HOW THIS PLACE MAKES US FEEL, FROM WHAT MAKES US TRY. WILL NOT BE EASY TO LEAVE, I ALREADY KNOW! I SPENT THESE MONTHS IN ANKARA VISITING THE CITY AND TRYING TO GET TO KNOW ITS TRADITIONS. ANKARA IS A GREAT CULTURAL CITY, IN PARTICULAR FOR THE GREAT MULTITUDE OF UNIVERSITIES THAT IT HOSTS, AS MANY AS NINE. IN A CITY WITH A RICH AND IMPORTANT HISTORY LIKE ANKARA, THERE ARE SO MANY ATTRACTIONS. ULUS MEYDANI, THE PLACE OF THE NATION, IS THE HEART OF ANKARA, WHERE THE FOUNDER OF THE REPUBLIC IS CELEBRATED. IT IS ALSO THE BOUNDARY BETWEEN THE OLD AND THE NEW CITY. IN THIS MARVELOUS NEIGHBORH, WITH ITS NARROW ALLEYWAYS AND RUGGED HOUSES, IS LOCATED THE ANKARA CASTLE. IT IS ONE OF THE MOST INTERESTING SPOTS IN THE CITY. THE MUSEUM OF ANATOLIAN CIVILIZATIONS IS ONE OF THE MAIN MUSEUMS OF THE TURKISH CITY, AND IS LOCATED IN THE BUILDING ONCE USED AS A STORAGE PLACE FOR THE OTTOMAN BAZAAR MAHMUT PASA. BECAUSE OF ATATÜRK'S DESIRE TO CREATE A MUSEUM THAT REPRESENTED HITTITE HISTORY, THIS MUSEUM WAS OPENED, WHOSE RENOVATION WORK BEGAN IN 1938 AND WAS COMPLETED 30 YEARS LATER, IN 1968. IT IS WONDERFUL THAT THE CITY ADMINISTRATION DECIDED TO REPRODUCE ONE OF THE MOST IMPORTANT EXHIBITION OF THE MUSEUM IN THE FAMOUS SIHHIYE SQUARE



THE NUMBER OF STRAY DOGS AND CATS IN THE CITY IS VERY HIGH, BUT THEY ARE NOT SIMPLE STRAYS: THEY ARE DOGS AND CATS WITH A THOUSAND BOSSES, THEY ARE THE ANIMALS OF THE CITY, WHICH POPULATE THE PARKS, TAKE A NAP IN THE SUN AND WALK QUIETLY THROUGH THE STREETS OF THE CENTER, FALLING ASLEEP INSIDE THE BARS OR IN THE SHOP WINDOWS.







I DON'T WANT TO BE A TOURIST. WHEN I SAY I WANT TO TRAVEL I MEAN I WANT TO EXPLORE ANOTHER COUNTRY AND BECOME PART OF IT!

#### WHERE I AM FROM?













#### CONSTANTA

LOCATED HALFWAY BETWEEN THE EQUATOR AND THE NORTH POLE, ROMANIA IS THE 12TH LARGEST COUNTRY IN EUROPE. **ROMANIA'S TERRAIN IS ALMOST EVENLY DIVIDED BETWEEN** MOUNTAINS, HILLS AND PLAINS. CONSTANTA IS THE FOURTH LARGEST PORT IN EUROPE, **AFTER ROTTERDAM, ANTWERP AND MARSEILLE.** 

## $\mathbb{W}ho$ [ $\mathbb{A}m$ ?

# I'M A DREAMER I'M A TRAVELER I'M A VOLUNTEER

Actually I also have a normal usual life guys.

- But i left it in Romania!
- I study marketing at "Ovidius"
- University of Constanta, i'm 3rd year and I have to write my thesis this
- year.
- Constnta is note my home town. I was





- born actually in Moldova, a small city called Calarasi. There is my family, some of my friends, a lot of my memories.
- But as I said, I'm a traveler, and if i would have a chance to move somewhere, I will do it of course. And this is why I moved to Romania. I have ben in 15 countries, and i descovered that for me the real life means always to move, always to meet new people, always to leave my **constitute one the** 
  - Travel more Be more friendly Smile more Explore more













## Why did I came in Ankara?

You guys have a very beautiful country, a very rich culture, a very tasty food. Turkey is different from european countries.

- I never though about coming here so soon, I usually don't plan my travels to much. I just find a chance and use it.
- Now I found System and Generation Association, who gave me this amazing chance, to live one month of my life in a turkish way. To spend time with locals, to help them, to learn this language, to drink tea and do everyday something what I never did before, and maybe I'll never do again, because every moment in this life is unique, and you should spend it unforgetable!

My name is Ecaterina Ciobanu and I was born in Chisinau, Moldova. I am 22 years old and I am a student. I study geography of turism at Ovidius university in Constanta. After I finished the high school in my home town, I decided to continue my studies in Romania. One of the reasons I chose this profile is because I am an open-minded person who is not afraid of new challenges. Even though I like planning things, I do love when things happen spontaneously. My biggest dream is to visit each country on this earth.





In Moldova, I used to dance folk dance for 10 ten years, which is a traditional style specific for my country. Due to it I had the chance to participate at 13 festivals which took place in different countries. Also, I discovered my love for fashion through participating at many beauty contests. By being a member of three youth exchange projects, I started to do more volunteering work. I am a volunteer at the national unity of students and at youth volunteering of Moldova. Due to it, I have got the chance to develop my organizational skills by helping in arranging charity events and to learn to manage easily the social networks by promoting events.

I am really into meeting new people, discovering new cultures and traditions, and I know for sure that I am just at the beginning of my path to achieve this dream.

